

A view of 2010

By Chairman Richard Morling



Much of this review has already appeared in Newsability, but I will try to give a brief outline of our achievements for the year.

The steering group started the year by forming a number of sub-committees, Sailing, Maintenance, Social and Finance to look more in depth at the day-to-day running of Sailability. Sally Green also joined the board of directors in January.

A film show was again held, which was very good but poorly attended and therefore may not be repeated this year.

We received a visit from the R.I.B.I. President in March and he was shown the boathouse and where we sail. The new President for this year will be visiting us on Tuesday 3rd May. We also received a visit from a number of Australian Rotarians and their wives in August, and they were most impressed especially with the Australian connection to Sailability. We also received a visit from our M.P. Peter Aldous in August.

Getting the boats out and preparing them for the season was much easier, now that they had only to be taken out of our new boathouse, and not transported from winter storage elsewhere. And so sailing commenced at the end of April.

It has been another busy year with our members actively taking part in our own session, racing and participating in Oulton Week and

Lothingland Regatta. We have had over 1000 total sails over 25 weeks with an average of 40 sailors per week. We were very lucky in not having to cancel any sessions, although one or two were cut short by the strength of the wind. Our members enjoyed the trip to the East Anglian Sailing Trust at Levington and sailing on the Orwell Estuary. We were also pleased to learn that they have been successful in obtaining their grant through Anglia TV for their expansion programme.

We were also represented at the RYA Sailability Conference, the MS Society Regional Conference, the Maritime Festival, Great Yarmouth. There was a good attendance at the Barbeque, but unfortunately the rain joined in once again, but this did not dampen the enjoyment.

During the year 5 of our assistant instructors obtained their Instructors Certificates and Jonathan Blankley obtained his as a Senior Instructor. This has been a great help in the tuition that we give to our members. Since the end of the year congratulations to Renate & Jim for passing their Power Boat 2 Certificates.

We were sorry to receive the resignation of our Director, Colin McManus, as he moved to Kent. He had been with us from the start, and was instrumental in obtaining most of our funding by way of various grants and fundraising. Additional funds came in from various sources, especially, Pat Peters in memory of her mum, Hugh Simms for his parachute jump, Great Yarmouth Round Table Turkey Ball, Wrentham Factory Shop, Oulton Broad Ladies Circle, Acle Walk, a tombola at Bannatynes and through the sterling efforts of our tea ladies, the profits from the weekly refreshments of over £1,200. - [continued page 2](#)

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Chairman's review of 2010 - continued

We were saddened by the passing of David Brooke and Joe Smith, both of whom had been with us from the start.

We now have a new hoist, part funded in memory of David Brooke, and we have just taken delivery of more life jackets in memory of Fred Bowles.

We have had a very thorough Risk Assessment, undertaken and all is in good order with only one or two minor points to be taken notice of. You will note a change to the access ramp to the cub house and the entrance gate. At the end of the season the boats were stored away in the boathouse, with everything fitting in. The Christmas Party in December was again, a great success with over 80 turning out on a very cold night. Awards and Certificates for achievements during the year were presented.

Thank You to every one who has helped make this a successful year, you are too numerous to mention, but without your help we would not be the respected organisation that we are.

We now look forward to this year with 'boat get out' on Friday 8th April, any help with cleaning and preparation will be much appreciated. Sailing to start on Tuesday 19th April. This year there will be the opportunity for instructors and helpers to achieve certificates for the work that they do, by the keeping of a logbook. We trust that more sailors will take part in the racing and achieving their Bronze, Silver or Gold Certificates. The Acle Walk this year will be on Sunday 15th May, why not get some sponsors for Waveney Sailability and join Jim and I on the walk.

A Happy and Enjoyable New Year to you all.

Richard Morling
Chairman

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The Ramuz Trophy in an Access 303.

WOBYC and Waveney Sailability work together on the special event

The trophy is a prestigious Inter-Club Championship Trophy, presented by LR Ramuz in 1950. It is sailed at a different club each year, and generally alternates between dinghies and keelboats. The boats sailed in the last few years include; Enterprises, Brown Boats, White Boats, Wayfarers, Waveneys and Norfolk Dinghies. The venue is chosen each year by the Norfolk and Suffolk Boating Association, and can be competed for by any organisation affiliated to the NSBA, which includes Waveney Sailability.

Following a suggestion at last year's event at Beccles it was decided by the NSBA committee to approach Waveney Sailability with a view to holding the 2011 competition in Access 303 dinghies at Oulton Broad. Our Committee agreed, and the Waveney and Oulton Broad Yacht club have supported us by agreeing to organise the racing on our behalf.

Usually there are more entries than boats available, and with nine Access 303's there will probably be more dinghies available for racing next year than normal. The racing is usually organised in heats followed by a semi-final and final. It is generally pretty competitive, but it will be interesting to see how other sailors cope with a joystick and the 303 controls.

Next year will be a good chance for two of our sailors to compete against some of the best sailors on the broads, and is a great chance to show other clubs what Sailability is all about, and should provide a good days racing for spectators. Hopefully it will also inspire our regular racers to look to compete in future years, particularly in the keelboats.

Jonathan Blankley

Christmas Party - but only just !!

Winter weather almost stops the fun

THE ANNUAL CHRISTMAS PARTY was held as usual at St Marks Church Hall.

The date of Saturday 19th December 2010 looked fine on paper but when it was booked earlier in the year the severity of the weather in December could not have been predicted. Frantic telephone calls and emails - should we get the carefully prepared food out of the freezer, will we have enough brave souls to eat all that is available?

It was on, then perhaps it was off, then the decision was made to get the team of volunteers at the hall as early as possible to prepare the room. We had to shorten the event as we did not have space or facilities to provide overnight accommodation!!



The hall is ready - will they come?

A good number of hardy members, supporters, helpers and friends turned out and enjoyed an excellent evening of food, wine, fun and prize giving.



Our thanks to all those who provided the food and raffle prizes and to those who, as always, worked behind the scenes and **Cont page 3**

Christmas Party

Continued from page 2

did the washing up and clearing away after the guests had departed.

The East Point Trophy for the most improved sailor of 2010 was presented to one of our longest serving sailors, Adrian Hood, by Jenny Riley, wife of our Senior Instructor Bryan Riley.



Jenny presents Adrian with the East Point Trophy and a special coaster.

All sailors who received trophies or were placed 2nd or 3rd in one of the race series also received a commemorative coaster produced for us by Lowestoft Porcelain

The Pitch is frozen !

SOME OF OUR members can't keep away from Oulton Broad and a visit in the winter just to make sure the boat-house is secure can bring great photographic opportunities.

Some of the best photographs are taken by those who always have a camera to hand. The photographs shown below were taken by Jackie Soards who was walking in Nicholas Everitt Park on Boxing day. The weather was cold but the sun was perfect for photography, winter light with crisp colours, and none of the heat haze of full summer, is always a great opportunity to get some nice shots. The swan is a good example, but with the benefit of hindsight a portrait with the full shadow of the swan would have been even more special.



2011 CALENDAR

With this edition of our regular newsletter you will find you have also received a calendar of our activities for 2011. Keep it safe, put in on your notice board, or fix it to the front of the fridge

IMPORTANT NEWS

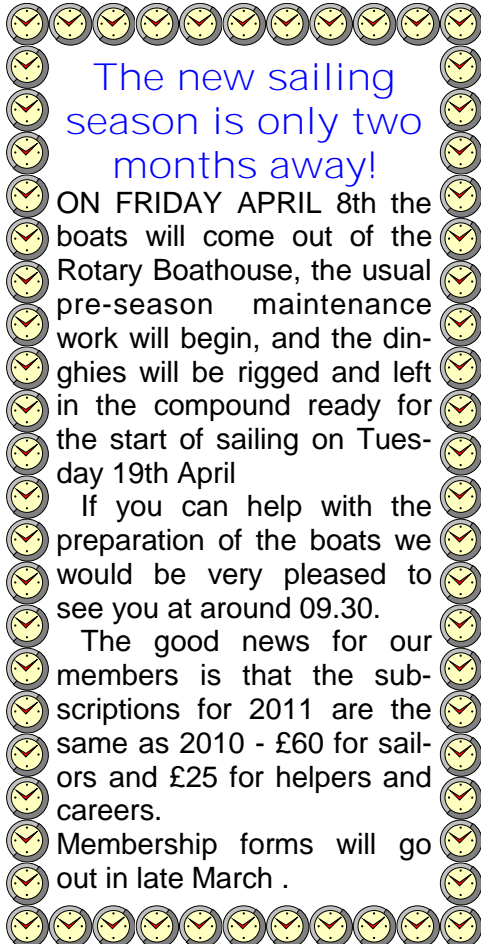
Calling all Instructors and Assistant Instructors

It is important that you stay up to date. Please check your certificates. The First Aid Certificate is valid for 3 years and all Instructor Certificates for 5 years. There will be a First Aid Course arranged before the start of the next sailing season. Please let Jackie Soards know if you need to be on it.

We are always looking for volunteers to train as RYA Assistant Instructors or upgrade to full Instructor or Senior Instructor. Sailability will cover the cost in most cases. Please let Jackie know if you are interested.

RYA Volunteer Log Book Scheme

Waveney Sailability has been selected by the RYA to trial a new Volunteer Log Book Scheme. It involves volunteers being given a Log Book and keeping a record of the training they do. Nothing very different to what we do now except it is all recorded in one place and ensures that volunteers do not miss out on training opportunities. There are awards and badges to be achieved if desired, in much the same way as for our sailing members. More details later!



The new sailing season is only two months away!

ON FRIDAY APRIL 8th the boats will come out of the Rotary Boathouse, the usual pre-season maintenance work will begin, and the dinghies will be rigged and left in the compound ready for the start of sailing on Tuesday 19th April

If you can help with the preparation of the boats we would be very pleased to see you at around 09.30.

The good news for our members is that the subscriptions for 2011 are the same as 2010 - £60 for sailors and £25 for helpers and careers.

Membership forms will go out in late March .



Good News for our friends at The East Anglian Sailing Trust (EAST)

Their Application to the Big Lottery - Peoples Millions was successful and they can start work on their new centre. We have sponsored a brick to show our support for the project. More later.

Royal Yachting Association (RYA) Sailability Conference.

An Old Man and a Young Lady have spent a weekend with their spouses at Wyboston at a very interesting conference. Why would Jackie, Mike, Kevin & Sonja go there – because we think it is very important to keep up to date and in touch with our organising body. And it was, a fantastic few days of information, fun and good company.

There were seminars for Expanding Youth Sailing (Jackie) Communications & Marketing (Kevin) Volunteer Log Book (Jackie & Kevin), Web Site (Sonja, Jackie & Kevin). All very interesting but I will not go into them in depth here, but pass it on to the steering committee.

The important items to everyone are:

We have arranged to try out a Stradavari yacht. This is a proper little racing boat

2.4

Class Symbol

Crew	1
LOA	4.16 m (13 ft 8 in) (Mark III)
Beam	0.805 m (2 ft 7.7 in)
Draft	1 m (3 ft 3 in) (Mark III)
Hull weight	260 kg (570 lb)
Mast height	4.65 m (15.3 ft)
Main & Jib area	7.5 m ² (81 sq ft) (Mark III)

Infobox
last updated: 15 August 2009 ⁽¹⁾⁽²⁾

[Paralympics Class](#)



As you can see this is a Para Olympic class as is the Access Dinghy, a single hander but a proper little yacht. We were concerned that we could not launch it down the slip way, and now we have the chance to try. We hope several members will be able to try it.

[More on page 5](#)

More exciting matters!

The President of the model yacht association also gave a talk about their latest developments . Again, they are proper little radio controlled yachts about 2'6" long. What is interesting about these models is that they sail in exactly the same way as our existing Access dinghies, so if you point them at the wind they stop, just the same! A good way of practicing how to sail to windward properly whilst waiting to get into a boat. At £250 each maybe worth having a couple.



Another brilliant idea – Who would like to have a go at being The Stig!

At West Devon Sailability they have thought of a new idea. A race with a difference!

Set up a course with a start line and a windward mark. A competitor starts on the line on their own and sails the course. They are timed. All can have a go and the fastest over the course is the winner. We thought we could put a bit more spice into the summer barbeque and hold a similar event then. We are considering the number of classes in order to let everyone have a go. What prize you ask? Well your team at the conference surpassed all competitors by winning the quiz on Saturday night – the prize was £250 – enough to keep the competition going for a few years. WE won with veer and panache, plagiarism and outside assis-

tance from The Woolverstone project, so we could ask them to join us too

Altogether a great weekend

Kevin Taylor



Quiz Team Success

When the Rotary Club of Lowestoft East Point organised a charity quiz night and invited teams to take part to raise funds for Polio Plus some of our members (pictured above) decided to join in. They came a well place second, just behind the team from the East Anglian Children's Hospice team who received the winners trophy from Club President David Collins.

Our Chairman Richard Morling collected the 2nd place prize on behalf of the team. Congratulations to all !!

Simple precautions to prevent problems

Weil's Disease advice

Weil's Disease is an infection carried by rats in lakes and ponds. It can be very serious and require hospital treatment. Here are a few simple precautions:

- **Cover** any cuts, scratches or wounds with a waterproof plaster before sailing.
- **Disinfect** any wounds that happen when sailing.
- **Wash** hands thoroughly before handling food.
- **Never** put your hands in your mouth if they have been in the water while you are sailing.
- **Tell** someone if you feel poorly a few days after sailing

Take time and be safe.

An RYA Award for Kevin



Full report at the top of page 6

RYA AWARD

This is to say thanks to all who put my name forward for an RYA Community Service Award and tell you how it was on the day. I was nervous of course, as I was worried that when she shook my hand I would turn into a frog, but I suppose there was no real danger as I was not a prince in the first place!

Sonja (whose birthday it was) and I had to arise very early to get to London Gt George St by 11.30. The venue was opposite the Houses of Parliament. The building belongs to the Engineers Society and is truly magnificent with great sweeping staircase and marble columns and facades everywhere. We were received in the grand dining room at a reception where we were given drinks and introduced to RYA personnel and others receiving awards. There were three types of awards; Honorary Life Membership; Lifetime Commitment Awards; and the category I was in Outstanding Contribution Awards for 16 of us. In this section there were 4 from Sailability clubs, so for me it was truly an honour.

HRH joined us at the reception and walked around and as far as I could tell spoke to most of the award winners. She spoke to Sonja and I about her visit here at the RNSYC; she remembered our sailors and was impressed with the visit.

We sat down to lunch about 1.30 with the Marketing Director RYA, RYA East coast organiser, and a member of my old sailing club Waldringfield. It was an excellent meal with silver service, straight out the top drawer.

After the meal there were some group photos and then we were ushered into the most luxurious conference room I have ever seen. Here we were organised into order and sent up onto the stage one at a time. The Princess was very charming and asked me why I was involved, so I explained the Rotary connection and said I felt I was collecting the award on behalf of the steering committee.

As we were leaving we met Geoff Holt trying for a taxi in the pouring rain, the first taxi drove on past him and turned its light out. Fortunately Geoff recorded his number and has reported him.

A sad end to a really great day. We spent the remainder of the weekend visiting museums and meeting friends.

For more pictures go to www.photoboxgallery.com/picturelink our group pictures on photos 22,83,81,80 & 134.

Training for current and new helpers

OVER THE LAST FEW YEARS we have paid for the training of many of our helpers on various courses at centres in both Norfolk and Suffolk. Following a successful financial year in 2010 when we received a substantial sum in unexpected donations the Trustees have agreed to offer additional training opportunities in 2011. Thus investing for the future by making sure we always have suitably trained sailing instructors and safety boat drivers.

If you are interested in any of the following contact Jackie Soards on 01493 445540 or email jackie-soards@tiscali.co.uk

Event	Meeting date	Time	Location	Topic/Agenda	Which members
First Aid	March 12 th	9am – 5pm	Water Sport Centre	RYA training	Any one interested
Safety Boat	12 th March + 9 th April	2 full days	WOBYC	RYA training	First Aid + Power Boat level 2 to be held for a year
Senior Instructor	25 th -27 th March and 1 st – 3 rd April	4 full days and 2 evenings	Barton Broad	RYA training	Dinghy Instructor, Safety Boat and First Aid required.
First Aid	14 th April	9am – 5pm	Accessible venue tba	RYA training	Any one interested
Power boat level 2	16 th + 17 th April	2 full days	Water Sport Centre	RYA training	First Aid required
Scenario training	8 th April	2pm – 4pm	Water Sport Centre	RYA training	Any one interested
Hoist and Slings	19 th April	11.30am	WOBYC	Reminder session	Any one interested
Assistant Instructor	12 th + 13 th May	2 full days	Water Sport Centre	RYA training	Competent sa